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elements are asymmetrically spaced.

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1	1. An electric heating/warming element comprising:
2	a bladder of a water-resistant, vapor-permeable polymeric material;
3	an electrical heating/warming circuit extending within said bladder, wherein
4	said electrical heating/warming circuit generates heat when attached to a source of electrical
5	power.
1	2. The electric heating/anguing 1 and C 1 and 1
1	2. The electric heating/warming element of claim 1, wherein the electrical
2	heating/warming circuit comprises:
3	a fabric body,
4,	incorporated into said fabric body, in the form of conductive yarn, a plurality
5	of spaced apart electrical resistance heating elements extending generally between opposite
6	edge regions of said fabric body, and
7	electrical conductor elements extending generally along said opposite edge
8	regions of said fabric body and adapted to connect said plurality of spaced apart electrical
9	resistance heating elements to the source of electrical power.
1	3. The electric heating/warming element of claim 2, wherein said electrical conductor
2	elements are adapted for connecting said plurality of spaced-apart electrical resistance
3	heating elements to a power source of alternating current.
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1	4. The electric heating/warming element of claim 2, wherein said electrical conductor
2	elements are adapted for connecting said plurality of spaced-apart electrical resistance
3	heating elements to a power source of direct current.
1	5. The electric heating/warming element of claim 4, wherein said power source of
2	direct current comprises a battery.
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1	6. The electric heating/warming element of claim 2, wherein a series of at least three
2	electrical resistance heating elements of said plurality of electrical resistance heating
3	elements are symmetrically spaced.
1	7. The electric heating/warming element of claim 6, wherein a series of at least three
2	electrical resistance heating elements of said plurality of electrical resistance heating
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- 8. The electric heating/warming element of claim 2, wherein a series of at least three electrical resistance heating elements of said plurality of electrical resistance heating elements are asymmetrically spaced.
- 9. The electric heating/warming element of claim 2, wherein said fabric body comprises a knitted body.
- 1 10. The electric heating/warming element of claim 9, wherein said fabric body 2 comprises a reverse plaited circular knitted body.
- 11. The electric heating/warming element of claim 10, wherein said fabric body has a technical face formed by a stitch yarn and a technical back formed by a loop yarn.
 - 12. The electric heating/warming element of claim 2, wherein said fabric body comprises a woven body.
 - 13. The electric heating/warming element of claim 1, wherein said bladder comprises a hydrophilic material.
 - 14. The electric heating/warming element of claim 1, wherein said bladder comprises hydrophobic material.
 - 15. The electric heating/warming element of claim 1 incorporated into one of an article of clothing, a heating pad, a blanket, a piece of sports equipment, a medical device and a textile home furnishing.
- 1 16. The electric heating/warming element of claim 1, wherein said bladder includes a 2 first and a second layer, each of which provides an inner surface of the bladder, the electrical 3 heating/warming circuit being associated with one of said inner surfaces.
 - 17. The electric heating/warming element of claim 16, wherein said electrical heating/warming circuit is printed upon one of said inner surfaces of said bladder.
- 1 18. The electric heating/warming element of claim 16, comprising a fabric layer
 2 having an inner surface and an outer surface, wherein said first and said second layers of said
 3 bladder comprise:

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4	a barrier layer disposed at each of said inner and outer surface of said fabric
5	layer, said barrier layers each having an inner surface and an outer surface; and
6	said electrical heating/warming circuit in the form of a flexible film disposed
7	upon a said inner surface of a said barrier layer.

- 19. The electric heating/warming element of claim 1, wherein said electrical heating/warming circuit comprises a die-cut sheet-form metalized layer attached to one of a first and a second broad surface of a fabric body.
- 20. The electric heating/warming element of claim 1, further comprising a phase change component associated with the bladder and including a phase change material formulated to change phase in a temperature range of use of the heating/warming element, to cyclically absorb and release latent heat in a manner capable of conserving use of the electrical power source.